

Morphine Milligram Equivalent Reference Guide

DOSE PER DAY

	1	2	3	4	5
Tramadol	5	10	15	20	25
Codeine 30*	4.5	9	13.5	18	22.5
Codeine 60**	9	18	27	36	45
Hydrocodone 5	5	10	15	20	25
Hydrocodone 7.5	7.5	15	22.5	30	37.5
Hydrocodone 10	10	20	30	40	50
Oxycodone 5	7.5	15	22.5	30	37.5
Oxycodone 7.5	11.25	22.5	33.75	45	56.25
Oxycodone 10	15	30	45	60	75
Morphine 15	15	30	45	60	75

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Codeine 30* = Tylenol 3 Codeine 60** = Tylenol 4

GREEN — check PDMP twice a year.

ORANGE — check every prescription.

MME Calculations determined using OpioidCalc



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DOSE PER DAY

	1	2	3	4	5	
Morphine 30	30	60	90	120	150	
Morphine 60	60	120	180	240	300	
Dilaudid 4	16	32	48	64	80	
Dilaudid 8	32	64	96	128	160	M M E
Fentanyl 12	30					
Fentanyl 25	60					
Fentanyl 50	120					
Fentanyl 100	240					
Nucynta 50	20	40	60			
Nucynta 75	30	60	90			
Nucynta 100	40	80	120			

GREEN – check PDMP twice a year.

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