



Taking Responsibility in Alabama

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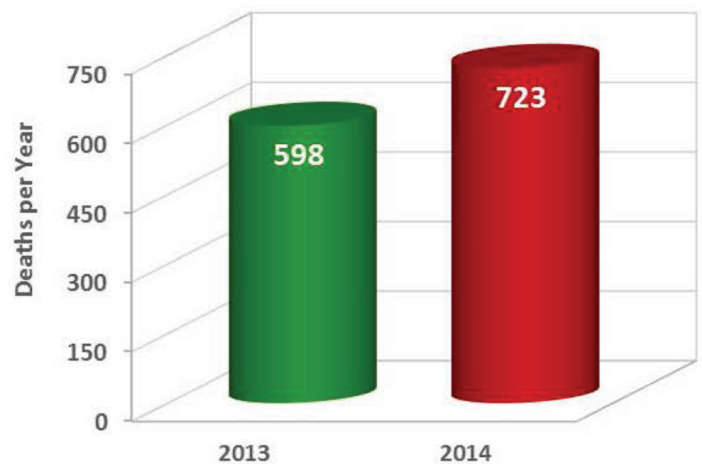
REVERSING THE OPIOID EPIDEMIC IN ALABAMA

A Health Care Professional's Toolbox to Reverse the Opioid Epidemic



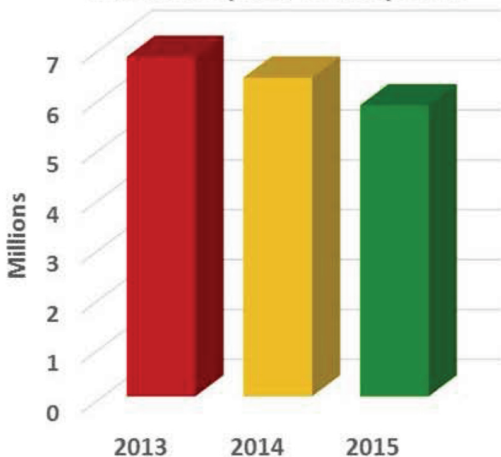
Opioid dependence and accidental drug overdose has become a national epidemic. Alabama has become the most impacted state in the south and one of the most impacted states nationally.

Alabama Drug and Opioid Overdose Deaths



Source: CDC/NCHS

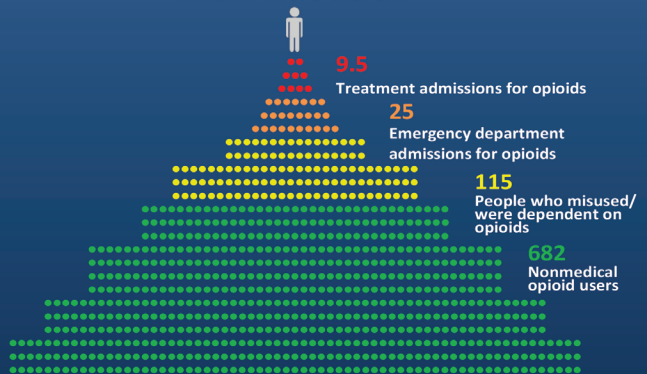
Alabama Opioid Prescriptions



Source: IMS Health

Overdose deaths are the tip of the iceberg

For every **1** prescription opioid overdose death in 2013 there were...



Source: SAMHSA, NSDUH, DAWN (2011), TEDS data sets



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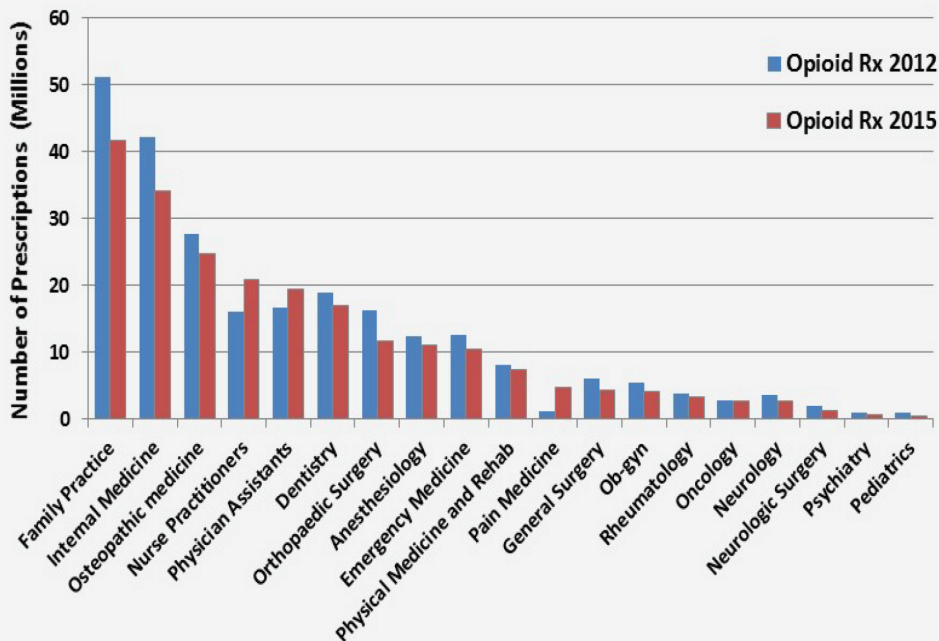
Treating the patient's pain with care and compassion

CHECK the state prescription drug monitoring program (PDMP) to ensure you have the information you need about your patient's prescription history.

AVOID initiating opioids for new patients with chronic non-cancer pain unless the expected benefits are anticipated to outweigh the risks. Non-pharmacologic therapy and non-opioid therapies are preferred.


LIMIT the amount of opioids prescribed for post-operative and acute care. It is recommended that patients only receive the lowest effective dose for the shortest possible duration.


National Opioid Prescribing by Specialty





Source: IMS Health

What does Alabama law require?

 There is no mandate to check the AL PDMP, although it is the only source of information about patients' prescriptions for all Class II, Class III, Class IV, and Class V controlled substances

 The PDMP database is maintained by the Alabama Department of Public Health (ADPH), and any physician who dispenses Class II, III, IV and/or V controlled substances is required by law to report daily the dispensing of these drugs to the database.

 A licensed practitioner approved by the ADPH who has authority to prescribe, dispense, or administer controlled substances may check the AL PDMP to learn more about a patient's prescribing history.

 A licensed physician approved by the ADPH who has authority to prescribe, dispense, or administer controlled substances may designate up to two employees who may access the PDMP on the physician's behalf.

RESOURCES

- Alabama Smart and Safe program: www.smartandsafeal.org
- Alabama Prescription Drug Monitoring Program: www.adph.org/pdmp
- Providers' Clinical Support System for Opioid Therapies www.pcss-o.org
- CDC Guidelines for Prescribing Opioids for Chronic Pain: www.cdc.gov/mmwr/volumes/65/rr/rr6501e1.htm
- AL County-level map of opioid prescribing: www.smartandsafeal.org/wp-content/uploads/2015/11/AlabamaOpioidUtilizationCounty_2015.pdf



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Overdose Prevention

AMA Task Force to Reduce Opioid Abuse Recommendation on Naloxone

Co-prescribing naloxone may help save a patient's life

Several factors may be helpful in determining whether to co-prescribe naloxone to a patient, to a family member or to a close friend of the patient, including:

- Is my patient on a high dose of opioids?
- Does my patient also have a concomitant benzodiazepine prescription?
- Does my patient have a history of substance use disorder?
- Does my patient have an underlying mental health condition that might make him or her more susceptible to overdose?
- Does my patient have a medical condition, such as a respiratory disease or other co-morbidities, that might make him or her susceptible to opioid toxicity, respiratory distress or overdose?
- Might my patient be in a position to aid someone who is at risk of opioid overdose?

Learn More:

www.ama-assn.org/resources/doc/washington/opioid-naloxone-ama.pdf

Three Steps to Safer Storage and Disposal

1. **Talk to your patients!** More than 65% of people misusing opioid analgesics are getting them from family and friends.
2. **Remind your patients!** Store medicines out of reach from children and never share their prescription(s) with anyone.
3. **Dispose of expired, unused and unwanted opioids safely!** Take advantage of "take-back" programs and medication drop boxes in your community, or log on to the DEA's Controlled Substance Public Disposal Location Search Tool to find a safe disposal location near you:

<https://apps.deadiversion.usdoj.gov/pubdispsearch/spring/main?execution=e2s1>

Learn more about disposing of unused medicines:

www.fda.gov/downloads/ForConsumers/ConsumerUpdates/UCM449824.pdf

Naloxone for Overdose Prevention

Patient Name _____

Rx

Prescriber Name _____

Prescriber Address _____

Prescriber City, State, ZIP Code _____

Prescriber Phone Number _____

www.prescribetoprevent.org/wp2015/wp-content/uploads/Naloxone-product-chart.16_01_21.pdf



What does AL law authorize?

Alabama law (Section 20-2-280) authorizes physicians acting in good faith to directly or by standing order prescribe naloxone to:

- An individual at risk of experiencing an opiate-related overdose.
- A family member, friend, or other individual, including law enforcement, in a position to assist an individual at risk of experiencing an opiate-related overdose.

FDA requires strong warnings for opioid analgesics, prescription opioid cough products, and benzodiazepine labeling related to serious risks and death from combined use.

Learn more:

www.fda.gov/NewsEvents/Newsroom/PressAnnouncements/ucm518697.htm



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Treatment for Opioid Use Disorder

"Patients in pain and patients with a substance use disorder need comprehensive treatment — not judgment. Just as a patient with heart disease or diabetes, a patient with a substance use disorder can be successfully treated and enjoy long-term recovery."

Patrice A. Harris, MD, MA, Chair, AMA Task Force to Reduce Opioid Abuse

Stop the stigma of substance use disorder.

Enhance access to treatment.



Alabama Buprenorphine and Opioid Antagonist Prescribing

		National Rank
2014 Rx Total	616,761	12th
2015 Rx Total	670,176	13th
Rx Growth	8.7%	38th
Rx Per Capita	0.14	8th
AL Population 2015	4,858,979	24th

Source: IMS Health Inc.

Become trained to provide in-office buprenorphine (SAMHSA): www.samhsa.gov/medication-assisted-treatment/buprenorphine-waiver-management

ASAM National Practice Treatment Guideline (PCSS-MAT): www.pcssmat.org/the-asam-national-practice-guideline-for-the-use-of-medications-in-the-treatment-of-addiction-involving-opioid-use/

Providers' Clinical Support System for Medication Assisted Treatment: www.pcssmat.org

RESOURCES

- Opioid Treatment Program Directory: dpt2.samhsa.gov/treatment/directory.aspx
- Physician Locator for Substance Use Disorder Treatment: www.samhsa.gov/medication-assisted-treatment/physician-program-data/treatment-physician-locator?field_bup_physician/us_state_value=AL



- SAMHSA MAT Pocket Guide – order it for free: <http://www.store.samhsa.gov/product/Medication-Assisted-Treatment-of-Opioid-Use-Disorder-Pocket-Guide/Most-Popular/SMA16-4892PG?sortByValue=4>
- Treatment Near You: www.zeroaddiction.org/find-help
- Safe Medicine Disposal: www.disposemymeds.org/

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